Dear Lindy,

Robert Clark, WSU Press New WPO Editor

Dan Sturdevant, President of the Lewis and Clark Trail Heritage Foundation (LCTHF), and Bob Clark, representing Washington State University Press, shake hands after signing the agreement designating Bob as the new editor and Washington State University Press as the publisher of *We Proceeded On*. Bob requests that people send their articles and ideas directly to him at Robert.Clark@wsu.edu. He may be reached by phone at 509-335-3518.

Save $20 - Last Chance for Early Bird Registration at LCTHF Annual Meeting!

Register now for the Lewis and Clark Trail Heritage Foundation's 45th Annual Meeting July 28-31, 2013. Click here to register, or to view the full agenda. The annual meeting, themed "Enlightenment through Exploration," will feature well-known authors, scholars, and Lewis and Clark experts including John Logan Allen, James Ronda, John Fisher, Clay Jenkinson, David Nicandri, Steve Evans and Allen Pinkham. A field trip to the all-new Lewis & Clark Interpretive Center and Fort Mandan, Fort Clark, and the Knife River Indian
Villages National Historic Site is included with your registration. Register by June 15 and save $20! After June 15 the registration fee is $395.

Hotel Deadline - July 1
Call the Best Western Ramkota Hotel directly at 701-258-7700 to make your reservation at the conference hotel. Ask for the "Lewis & Clark Trail Heritage Foundation" room block rate of $89 before the July 1 deadline.

Silent Auction
A silent auction fundraiser will again be held during the Wednesday evening banquet. If you have an item you would like to donate, please contact Sue Buchel at retireinmt@yahoo.com or 406-788-8923.

Future Explorers Program
A Future Explorers program for ages 6-14 will take place during the annual meeting for the cost of $150. Contact Nicolette Borlaug at 877-462-8535 or nborlaug@fortmandan.org to register.

More Information
For more information on the Lewis & Clark Trail Heritage Annual Meeting, contact Nicolette Borlaug at 877-462-8535 or nborlaug@fortmandan.org.

Members in the News

BTSA Interim Grant Reports Now Due
Please send your BTSA Interim Grant Reports to LCTHF at your earliest convenience. As of the June 1 due date, I only have three reports. Please e-mail them to Lindy Hatchcher at grants@lewisandclark.org or you can mail them to: Lindy Hatcher LCTHF PO Box 3434, Great Falls, MT 59403.

From the Director's Desk
This spring has been exceptionally busy with meetings, FY 2014 budget projections, and working on contacting lapsed members to invite them back to see what is new at LCTHF. We hired a new WPO Editor, and have been working with David and Nicolette Borlaug to plan other events at the Annual Meeting in Bismarck, ND. Hope to see you all there!

This year, we developed an Annual Meeting Workshop for Lewis and Clark themed visitor and trail centers, and
IN MEMORANDUM: KEITH HAY. Keith was a long-time member and on the Board of the Oregon Chapter. He also authored *The Lewis and Clark Columbia River Water Trail: A guide for Paddlers, Hikers, and Other Explorers*. He thoughtfully and generously remembered all those who helped him with the book, with information, reviews, and other assistance, and saw that Oregon and Washington Chapters shared equally in the royalties. Those who knew Keith may make donations in his memory to the Oregon Chapter.

Chapter Roundup

Regional Meeting: Rendevous on the Koos Koos Kee in Orofino, Weippe and Lewiston, Idaho May 24-27, 2013

Ten Essentials For Every Hike

With summer hiking season upon us, here are ten essentials to have on every hike, courtesy of the American Hiking Society:

1. **Appropriate footwear.** Trail Shoes are great for the average hike. Use hiking boots for more support while on technical terrain or carrying heavy loads.

2. **Map and compass/GPS.** These help you find campsites, water, and emergency exit routes in case of an accident. Be aware of where you are and how far you need to go.

3. **Extra water.** This will help your body muscles and organs perform better. Too little water can cause hypothermia and altitude sickness. Drinking bad water can lead to giardia. Bring a way to purify it.
The Idaho, Washington, and Oregon Chapters of the LCTHF sponsored a regional meeting over the Memorial Day Weekend that took participants from the heights of the Weippe prairie to the depths of Hells Canyon on a jetboat ride on the Snake River. The theme of the meeting, planned by Steve Lee, John Fisher, Garry Bush, and Chuck and Penny Raddon, was "Rendezvous On the Koos Koos Kee." During the first evening at the Clearwater Crossing in Orofino, ID, Linwood Laughy's welcome message elucidated the theme and described the journey of Lewis and Clark as a hero's quest containing all the elements: Initial refusal, acceptance, challenges, and triumphal return.

As the meeting was scheduled to coincide with the Camas Festival in Weippe, all the attendees were able to enjoy the event which featured a fun run/walk ("Retreat to Weippe"), speakers, reenactors, interpreters, musicians, artisans, and an old-fashioned melodrama. In between these events, the group visited the Discovery Center's Lewis and Clark themed murals and the actual site where Lewis and Clark met the Nez Perce. The camas were in bloom on the Weippe prairie, rendering it, in Lewis' words, a sea of blue.

The second evening gathering afforded Margaret Gorski, President-elect of the Lewis and Clark Trail Heritage Foundation (LCTHF), an opportunity to update the attendees on what's been happening at the national level. Board member Philippa Newfield invited everyone to submit items for publication in The Orderly Report. Idaho Chapter President Chuck Raddon and Washington Chapter President Rob Heacock reported on their respective chapter activities.

The next day's overcast skies made for comfortable temperatures during the Snake River jetboat ride to the area to which John Ordway and two other expedition members came to buy salmon from the Nez Perce in May of 1806. Talks by John Fisher on the local geology and Alan Pinkham and Kevin Peters on Nez Perce culture highlighted lunch at the historic Garden Creek Ranch, now a Nature Conservancy property with bed and breakfast/fishing camp. It was fitting that this spot is the only common point where Idaho, Oregon, and Washington meet. During the all-day boat tour, the group also saw petroglyphs, bighorn sheep, a lamprey eel (haso-tin in Nez Perce), prickly pear in bloom, and many visual remnants of the Nez Perce long and round houses at Cougar Bar.

Upon the group's return to Hells Gate State Park in Lewiston, they toured the Lewis & Clark Discovery Center before a wine tasting featuring a selection of wines from Colter's Creek Winery in Juliaetta, ID. After a steak dinner, John Fisher addressed the group again on the books Lewis and Clark brought on the expedition and passed around contemporaneous examples. On the final day of the meeting, participants saw Lewiston's public art installations with Steve Lee or toured Lewis and Clark sites around Orofino with Chuck Raddon.

*****

4. **Extra food.** Many unplanned things can keep you out longer than expected. Extra food will help keep up energy and morale.
5. **Rain gear and extra clothing.** Dressing in layers allows you to adjust quickly to weather and varying levels of activity. Avoid cotton to keep moisture away from your skin and always carry a hat.
6. **Safety items: fire, light, and a whistle.** Fires can provide warmth, a hot drink, and are a great way to signal if you are lost, as is the whistle.
7. **First aid kit.** Prepackaged first aid kits are helpful. Double your effectiveness with knowledge and take a first aid class through the American Red Cross or a Wilderness First Aid class.
8. **Knife or multi-purpose tool.** These enable you to cut strips of cloth into bandages, remove splinters, fix broken glasses, etc.
9. **Sun screen and sun glasses.** Use these to prevent sunburn and snow blindness.
10. **Daypack/backpack.** Pick one you can carry comfortably and hike smartly with to keep your essentials safe and away from the elements.

Safe and happy Hiking!

Special thanks to the American Hiking Society for letting us use these great tips in our newsletter!

---

**The Wacky Adventures of Lewis and Clark: Puppet Show in Portland, Oregon**

In this "historically hysterical" puppet show created by Dragon Theater
LCTHF Members Join the Tennessee Militia at Grinder’s Stand

The War of 1812 began in June of 1812 when the United States declared war on Great Britain. Later that same year, Tennessee Governor Willie Blount ordered Andrew Jackson to recruit 1500 men to help defend the Lower Mississippi River and the port of New Orleans from possible British attack. Over 2000 men volunteered; thus Tennessee became known as the Volunteer State. Through the use of flatboats on the rivers and land travel by way of the Natchez Trace, the volunteers reached Natchez, Mississippi, in February, 1813.

In March, Jackson was ordered to disband his army (perhaps by James Wilkinson, a known double agent, the United States Army, or Governor Blount). They had no provisions for the return to Tennessee. Jackson would not leave his soldiers, however, and led them back to Nashville at his own expense, even giving up his horse for the sick men. He earned the nickname "Old Hickory" as his men appreciated that he was as tough as an old hickory tree. The volunteers traveled back to Nashville along the Natchez Trace and received much needed help from the Choctaw and Chickasaw along the way.

By April of 1813, the expedition had reached Grinder’s Stand, Tennessee, where they were disbanded. Before leaving Grinder’s Stand, the men made a ceremonial salute to Meriwether Lewis at his burial site and then continued on to Nashville. Even after the untimely death of Lewis in 1809, he remained in the thoughts of Jackson and his volunteer Tennessee militia.

In April, 2013 another group of volunteers reenacted this journey as the "Expedition Natchez 1813. Becoming Old Hickory." They were joined at events along the way by Native American representatives of the tribes Andrew Jackson had sent on the Trail of Tears. The 12-day mobile reenactment took them again along the Natchez Trace, an old woodland buffalo (now extinct) trail to the mineral licks used by the Indians who hunted them and later by boatmen who had floated their flatboats down the Mississippi to New Orleans and were returning home. In 1800, the Natchez Trace became the first national highway as it was improved by Thomas Jefferson to carry mail and military materiel to the old southwest and to make American residents of that area feel more connected to the United States than to the nearby foreign powers.

Many of the modern volunteers helped with educational programs along the way, visiting with hundreds of students over the course of the reenactment. Among the people who joined the reenactment were Lewis and Clark Trail Heritage Foundation members John Fisher who interpreted period medicine and Jerry and Janice Wilson. They have all dedicated themselves to teaching the past to our future.

Want to Publicize Your Article or Announcement?

If you would like to...
LOLO TRAIL WORK WEEK Set for August 4-10, 2013

The Idaho Chapter of the LCTHF is again organizing the LOLO TRAIL WORK WEEK trail maintenance project with funding from the Idaho Governor's Lewis and Clark Committee and tools and technical support from the Clearwater National Forest. The Idaho Chapter is looking for 20 energetic volunteers who will spend five days and six nights working to maintain the trail, interpretive signs, and historic sites in addition to sightseeing and learning the history of the area.

The majority of the work involves clearing overgrown brush along the trail, oiling the log interpretive signs, and removing trash and litter. The group will meet in Orofino, ID, on the morning of August 4, 2013, caravan to the camp site near Spirit Revival Ridge, spend the work week on the Lolo Trail, and break camp on the morning of August 10, 2013, after breakfast. All kitchen duties are to be rotated among the volunteers as the group will be doing its own cooking. Water for washing is available but solar-heated showers are limited.

Volunteers will need to bring a tent, mattress pad, and sleeping bag as the nights are cool (40 to 50 degrees) and the ground is hard. They will also need their own two-quart canteens, mugs, and folding lawn chairs. For clothing, "think layers." Mountain weather can change quickly from bright sunshine in the morning (80 to 90 degrees) to afternoon thunderstorms with driving rain and hail. Boots that rise above the ankle (well broken in!), long-sleeved shirts, leather gloves, light rain gear, sun screen, sun glasses, and a hat are all essential. The best vehicles for accessing the area are SUV's and empty pick-up trucks with heavy-duty tires. The cost to volunteers will be $50 plus travel costs as the Idaho Governor's Lewis and Clark Committee is contributing two-thirds of the food cost of $150 per person. There are special rates for pre-teens.

It is important that volunteers be in good physical condition. The camp is at 6,000 feet and most of the trail is above that. Some of the trails climb or lose 1,500 feet in a few miles. The dry weather and physical labor are very dehydrating; the wet weather makes rocks very slippery and the trails difficult to negotiate. The organizers recommend that volunteers walk a few miles a day several times a week - at a minimum - before they arrive. Safety is also a big issue. Volunteers need to communicate their skills (or lack thereof) and their concerns so that people who have limited experience will be teamed up with those who can act as instructors.

For the multi-page information document and an application form, please contact Kathy Von Bargen at LandC2013@gmail.com. It is imperative that volunteers understand exactly to what they are committing before they sign up.

*****
and above on the right. Should you wish to update your e-mail address, click on Update Profile/Email Address below.

---

Respectfully,
Your TOR Team: Philippa Newfield, Lindy Hatcher, and Don Peterson.