

GUIDELINES
CORPS OF DISCOVERY PATCH OF THE CAROLINA CHAPTER OF THE
LEWIS & CLARK TRAIL HERITAGE FOUNDATION, INC.

The mission of the Lewis and Clark Trail Heritage Foundation (LCTHF) is: "As keepers of the story and stewards of the Trail, the LCTHF provides national leadership in maintaining the integrity of the Trail and its story through stewardship, scholarship, education, partnership and cultural inclusiveness."

The LCTHF and the Boy Scouts of America signed a "Memorandum of Understanding" to benefit both organizations in August, 2007. To quote, "The agreement will promote programs of awareness, education, and stewardship between local BSA councils and the Foundation's 40 chapters throughout the country." The program developed from a Cub Scout activity in Texas. The Carolina Chapter decided to offer a scout an opportunity to earn a Lewis and Clark Patch. To achieve this goal concerning the history and stewardship of the trail, Cub Scouts, Boy Scouts and Venture Scouts can earn an embroidered patch upon completion of a specified number of requirements.

Each participant in this activity is urged and often required to keep a short written "journal" of these activities. This is just as the original members of the Corps of Discovery were commanded to do as part of their military duties.

It is hoped that activities like this will promote a continued interest in the Lewis and Clark Trail by Scouts and Scouters thus bolstering interest in both organizations. The help of the youth in preserving the history of the Trail and the adventure will be invaluable in the future.

The following websites offer information about the trail and the National Lewis and Clark Trail Heritage Foundation to assist in this activity:

www.lewis-clark.org

www.lewisandclark.org

www.lewisandclark.net

REQUIREMENTS

One of the first two items is required. Also, item three is required. Then select any 2 from the remainder of the suggestions that follow:

1 - Visit the marker and the nearby city park in Louisburg, N.C., celebrating Cpl. Richard Warfington. Record the site in your journal. Draw a map. Take a photo of you at the marker. Record your feelings and impressions of the site. Do a service project while there such as picking up trash, etc.

2 - For those scouts who live outside of our area, photos of the Warfington Marker and information about this important member of the Expedition are available on the N.C. Historic

Markers website at: www.ncmarkers.com . Go to search and then enter Richard Warfington and Franklin County or marker number E33. Record the site in your journal and record your feelings and impressions of the marker and Corporal Warfington.

3 - Write an essay of 300 words about Cpl. Warfington relating to his journey up the Missouri River to the Mandan villages and the journey back down the river with Warfington in command of the keelboat. Tell who was on board, what the most important cargo was, to what end was the voyage (its purpose) and the extraordinary command given to Warfington by Lewis and Clark. Look up the information in the Lewis and Clark Journals especially the Moulton editions and an article in We Proceeded On (WPO) about the only Tar Heel on the Expedition. An excellent article appeared (authored by Carolina Chapter President, Trent Strickland) in the February 2005 issue of We Proceeded On, the official publication of the

LCTHF. The article can be accessed through the LCTH website, at www.lewisandclark.org. At the website go to publications to access the February, 2005 WPO article.

The Moulton editions of the journals are available online at: www.lewisandclarkjournals.unl.edu or search " Journals of the Lewis and Clark Expedition" and go to the University of Nebraska website

4 - Keep a journal of all of your activities - a keepsake for you. Develop a scrapbook with articles, photos, brochures, etc. of your efforts to show others who would be interested.

5 - Plan and take a (10) mile hike or twenty (20) mile bike ride. These can be cumulative miles and <http://www.lewisandclarkjournals.unl.edu> do not have to be done in one trip. Be observant. Record in your journal the mammals, birds, fish, reptiles, amphibians, trees, shrubs and wild flowers that you find. Describe them in your journal as to color, markings, size, and habitat. Identify known items and be extra descriptive for those not known. You may have discovered a new plant or animal just as the Corps of Discovery found on their Expedition of 1803-06. Also, record your trip plans, dates, and any campsites used and other observations you make about your trip.

6 - Plan and take a two (2) hour or longer water trip by canoe, rowboat, kayak or any other non-motorized watercraft. Identify five (5) leaf specimens from trees along your route and record them in your journal. Also record your trip plan, food, drinks, supplies and equipment. Include in your journal your point and time of departure, air and water temperature, water depth at a minimum of six (6) places, point and time of arrival and any other observations you make.

7 - Read a book about the Expedition, also called the Voyage of Northwest Discovery. In your journal record the book title and author and report on the content and value of the book. The book can be a documentary, fiction or biography. Some suggestions follow:

Undaunted Courage by Stephen Ambrose

The Adventures of Lewis and Clark by John Bakeless

Into the Wilderness: The Lewis and Clark Expedition by James Holmberg

The Essential Lewis & Clark by Landon Y. Jones

The Journals of the Lewis & Clark Expedition (13 volumes edited with notes by Dr. Gary E. Moulton) Read at least 100 pages of the journals. The journals are available online at: www.Lewisandclarkjournals.unl.edu (Also, search Journals of Lewis and Clark Expedition and go to the University of Nebraska website.)

8 - Research and prepare a menu for a dinner meal, which would be appropriate to the time of Lewis and Clark. This could be food that would have been served by President Thomas Jefferson upon the return of Lewis and Clark in 1806. It could be a meal prepared by the explorers themselves (a military meal on the Trail) or something served to them by the Native Americans. Record the menu in your journal and the references used in your research. Then, alone or with the help of family or members of your Scout unit, prepare and serve the meal for your family, Patrol or others. Record the names of those who attended and participated in preparing, serving and consuming the meal. Was the meal prepared indoors or over an open fire? Be sure to tell how it tasted and how you think the men of the Expedition would have liked it.

9 - Join the Carolina Chapter of the LCTHF and participate in its events. Help with the preservation of the story of the Voyage of Discovery. For example, you could participate in maintenance of trail signage or maintenance of a chapter library, write a report on the accomplishments of a chapter financial grant or help prepare an edition of a chapter newsletter. Record in your journal when you joined the Carolina Chapter and include a report of what you did as a participating member over the time period of you membership in the Carolina Chapter. Contact information for the Carolina Chapter is the following:

10 - Visit a commemorative site, other than the one visited for the first requirement, having some connection with the Voyage of Discovery, Lewis, Clark or Cpl. Richard Warfington. Corporal Warfington was stationed at Fort South West Point in eastern Tennessee, which has been partially restored and has a Visitor Center. Record in your journal what you learned at the site, the date visited and with whom you visited and any other research you did about the site.

President, Trent Strickland
306 McLean Street, Hamlet, N.C. 28345
(910) 582-0085 wtrents1@bellsouth.net
(August, 2013)

**CAROLINA CHAPTER OF THE LEWIS AND CLARK TRAIL
HERITAGE FOUNDATION
AWARD RECOGNITION APPLICATION AND COMPLETED REPORT**

The following Cub Scout/Boy Scout/Venture Scout/Explorer Scout is applying for the Carolina Chapter Lewis and Clark Recognition Patch.

Name _____

Unit Number: Pack _____ Troop _____ Crew _____ Post _____

Scout's Rank _____ Scout's Address _____

COMPLETED REQUIREMENTS

Please indicate which requirements were completed and date completed.

Number 1 or two - required for all Date _____

participants.

Number 3 - required for all participants Date _____

Number _____ Date _____

Number _____ Date _____

Certified by: Scout Leader: Name _____

Title _____

Address _____

Please attach copies of Scout's Journal for each requirement (can send by email as copies will not be returned with the patch.)

There is a fee of \$10.00 which covers the cost of literature, patch and mailing. Make checks payable to Carolina Chapter of the LCTHF. Mail all these documents to the following:

Mr. Trent Strickland, President, Carolina Chapter of the LCTHF

306 McLean Street, Hamlet, N.C. 28345 (910) 582-0085 wtrents1@bellsouth.net